

TOMAH HEALTH'S
PARKINSON'S SUPPORT GROUP

2025 Schedule

January 7	No Meeting
February 4	Sheena Voge, Tomah Health's Physical Therapist "Stretching & Movement with Parkinson's"
March 4	Break Out Sessions
April 1	Joan Korbein, Registered Dietician with Emplify Health
May 6	Neurologist Dr. Prashant Natteru, M.B.B.S., M.D. with Mayo Clinic Health System-In person visit
June 3	Break Out Sessions
July 1	Tomah Health Pharmacist
August 5	Cooking Class at Tomah Health
September 2	Break Out Sessions
October 7	Chair Yoga with Annie Fleming
November 4	Sharing Day
December 2	Holiday Party

The Parkinson's Support Group meets the first Tuesday of every month from 1:00-2:30pm in Classroom 1B at Tomah Health 501 Gopher Ave. Tomah, WI 54660.

Contact Whitney at 608-377-8615 or Kristen at 608-377-8353 with questions.